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## June 2015 Newsletter

by Lilian Mustelier

Four (4) MSN news reports just from today. We really are living in the future, we just don't realize it yet. Holographics, self-driving cars and virtual reality are also real things now. The countdown to the robocalypse has begun. Should I pull up next to you shouting, "COME WITH ME IF YOU WANT TO LIVE," I suggest you get in the car!

msn news

Technology Offbeat Politics

### Military push for emergency robots worries skeptics about lethal uses

**The Washington Post**  
Christian Davenport 1 hr ago

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### Stephen Hawking Warns Artificial Intelligence Could End Humanity

**NEWSWEEK**  
Lauren Walker 7 hrs ago

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### Throw This Camera Drone in the Air and It Flies Itself

**Wired**  
David Pierce 1 day ago

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© Lily The Lily's round tracker can go in

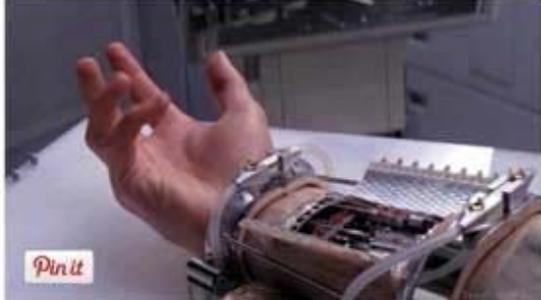
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### Prosthetic electrodes will return amputees' sense of touch

**ENGADGET**  
Andrew Tarantola 1 day ago

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For all the functionality and freedom that

So when I found this posted on my FB Newsfeed, I thought it to be really interesting and it made me think. The world has changed so much between 2011 and 2015. Some recognize the changes; others, especially us few remaining Baby-boomers, have, in some cases, a hard time wrapping our mind around this new world we live in. The Sun rises, we go grab some form of nourishment, go to work or school and stay occupied for hours. We rush home after maybe a short stop at the local store or in some cases grab a bite on the way home. We accomplish a few chores, maybe watch the news or some other program on TV, where we catch up on the events of the day which is by now passed, and go to sleep. We repeat this process over and over and before we know it we have grown another year older.

Within about the last 3 weeks we have witnessed, mostly with an electronic device that the following took place. Let me give you a quick overview:

1. Oil spill in Santa Barbara. The result was and still is devastating to Fish and wildlife.
2. Train-derailments with horrendous consequences to the environment occurred.
3. Train-wreck in Pennsylvania, several people were killed.
4. Earthquakes in Nepal, and Tibet was also effected. Thousands are dead and even more have lost their homes. A second large quake caused even more damage and it will take years for the countries to recover.
5. Demonstrations continued around the world and it hit close to home when in Olympia, WA a police officer shot two young men after an attempted theft of a six-pack of beer from a local Supermarket.
6. ISIS took over large parts of Iraq and there is no end to the misery of the inhabitants of that country.
7. Record breaking deadly floods in the plains of the United States.
8. Fighter jets had to accompany passenger Airlines due to threats on Memorial Day.
9. Floods are threatening many in Texas and Oklahoma.

**NORMALLY** life has a cycle. One is born, grows up and after reaching old age dies. It is the normal order of things. Occasionally this cycle is interrupted by illness, accidents, war, murder and what is now a daily occurrence by many: suicide.

We are so used to death, we see it on TV, watch it on our computers and have become desensitized by what we see and hear. Much like playing a video game we push the re-set button and go on with our daily activity. It does not concern us if daily hundreds of living people become collateral damage due to war. Epidemics in news reports are also part of our daily reality.

**And then it happens.....** we are directly affected by a death in our personal life. Maybe it happens in our family or circle of acquaintances and BELIEVE me everything changes. It is no longer on Television or "Over There."

My friend lost her Husband, a few days later another friend lost his wife. Of course I wanted to comfort them in their grief. While still being supportive to my friends my Granddaughter **Vanya Kamaria Arnold** became a victim of suicide. I say VICTIM and here is why:

A few years ago in my capacity as a Psychic I was asked, by their family members, if I could determine why their loved ones killed themselves. Somehow they thought it would relieve them of feelings of guilt and bewilderment, emotions people experience at times like that. While doing so I had to reconstruct, with the help of relatives, the past 2 days of the person's life, so I could establish an accuracy rate in my findings. Based on that I could determine how accurate the next phase was for me. I would "become" the person and reconstruct what they felt and experienced prior to the event. In ALMOST ALL cases I found that suicide is accidental because they all changed their mind at the last minute....IT WAS TOO LATE.



This is our beautiful Vanya. She always smiled and often times got on our nerves with being so "Loving". Hugging and kissing us. She loved everybody and had this big heart. She wanted to become a Veterinarian because of her love for animals. It was for that reason she was a Vegan. She wanted to save all animals from suffering and dying.

Vanya was 21 years old. We had plans to spend a couple of weeks together and talk about STUFF. When she was little she used to tell everyone her Grandmother (me) was an Alien. The kids in school teased her about it, so one day we made a copy of my Immigration Card, which read: Resident Alien, so she thought she had proved it. She saw Auras and once told me my car was sick because it had holes in the colors and BAM, the car quit. She was right it was sick, actually it was dead and I had to buy a new one.

Grieving is a natural part of human existence. Not only that, animals grieve. Elephants have rituals for their departed family members. Cats and

dogs grieve after they lose a young one, not only to death, but also when we remove them from their mothers too soon. Plants droop and have feelings, several studies have been done on all these subjects.

The grieving process is different for each person. Having experienced this first hand only intensifies my thoughts in reference to war. ALL humans experience grief. We hardly ever consider relatives of our enemies and how they feel. Collateral damage, enemies, how ever we word it... experience the same emotions we feel when loosing a loved one. And EVERYONE is loved and missed by someone.

Let me tell you about another grief, which is worse than death. Some cultures and religions practice SHUNNING. When that happens the person being shunned no longer exists for them. When a person dies we know it is the end for now and perhaps in some belief systems we know we will see them again. Those of us who acknowledge re-incarnation KNOW we will be together again at some point in the future. A person being shunned does not have the option to believe this in this life time. There is no opportunity to grieve because you see that person, you cross paths with that person, and there is no closure. You can only miss them and experience a multitude of emotions. Shunning is worse than death. So please if you are shunning a person due to religion, please re-think this. Even in the legal system the worst punishment you can sentence an offender to is DEATH. Back to the natural human emotion is the dealing with the grief of loosing someone to death. I think we all wish to change things, even though we know it is, for the most part, natural, we want to say things and regret decisions we have made and want to know we have loved and are being loved. By shunning you will never get that chance again and will have many regrets to live with... eventually.

My Great Granddaughter wanted to go to the movies. I took her to see Tomorrow Land. The story line was excellent. It addressed the eventuality of our Planet, which by that time we had destroyed with technology and environmental disasters. I would have preferred a little less violence towards the robots in case they, by that time might have had feelings also, but it gave me food for thought. Camera drones. Self-driving cars, prosthetic touch... it is here. The least we can do is maintain our emotional quality and remain human at this point of time. We still have the opportunity to show love for one another, quit having wars and KNOW we are the people of the planet Earth. We are equally important and experience the same emotions as long as we are allowed to live on this beautiful planet. There was a time we thought Startreck was fiction and here we are.

The tragedy which befell us already resulted in a Mother reuniting with her son and his family, a suicidal person shunned deciding to LIVE. Hotline numbers from around the world were posted on Facebook and IF I have my way a change will be made in how Suicide Hotlines are run and staffed where I live.

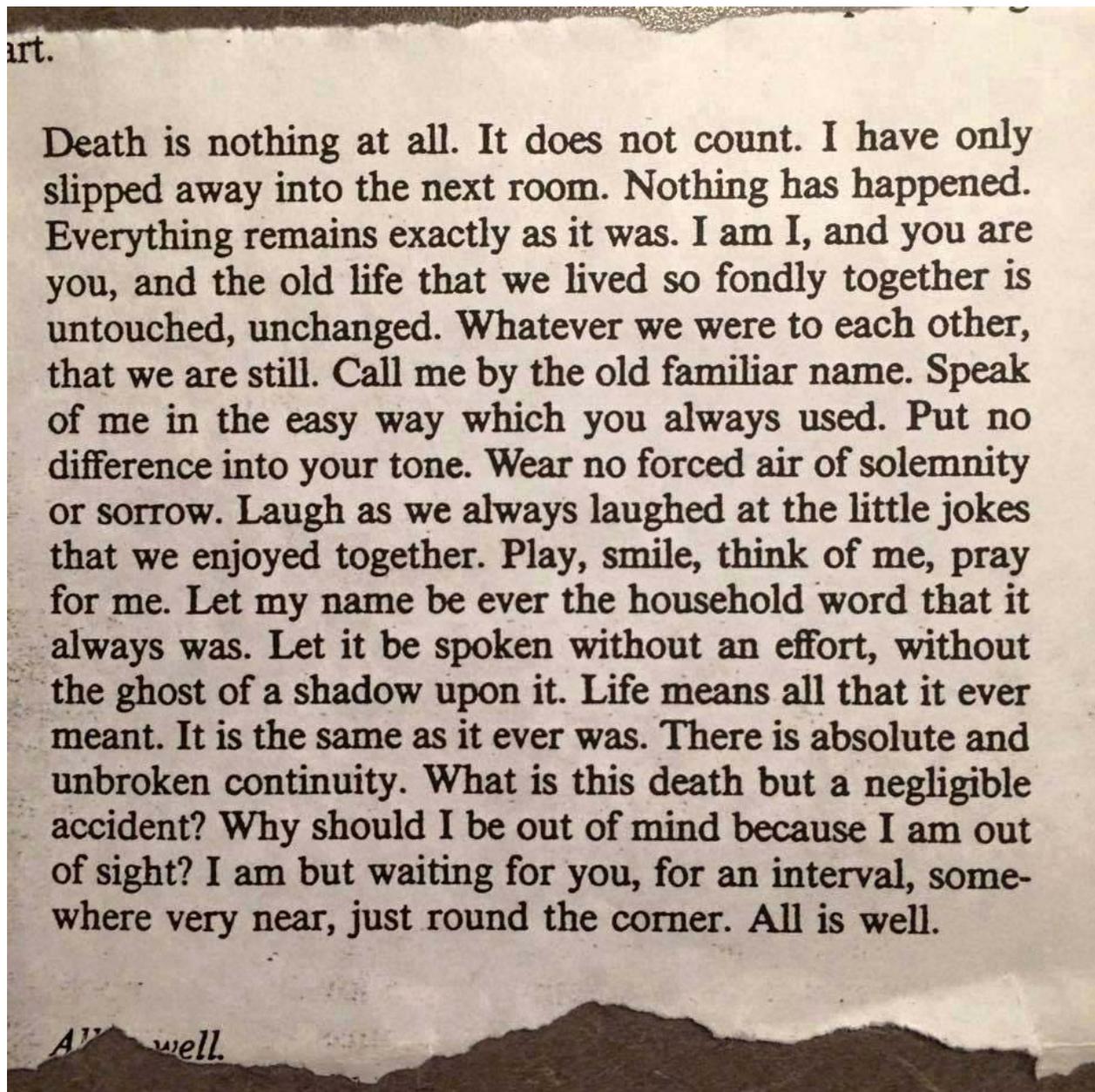
We looked for videos about help for people thinking about ending their life and shared them on Social sites. When I asked a friend if I could tell her story this is what she wrote me back:

As I said — you can mention that an Army son of a good friend of yours got help in time and was saved from dying by his own hand this past week...just please do not name names.

You can also say he is getting treatment for PTSD and is responding well to treatment and now has a brighter outlook on life. That is all true.

I wish I could have shown Vanya the eagles nest on top of the light pole on the road home from The Chehelis Reservation, the Monkey tree in bloom on Littlerock Road and taught her how to go shopping at Kohls. I wish we can ALL enjoy each other, be good to one another and can stop killing around the globe.

Still having to deal with missing the deceased person and the natural process of grieving in one's own way someone sent this to me.



Out of pain comes wisdom. Right now I am so wise I can't stand it!

Love and Light,  
Lilian

During one of the searches on grief and helpful material to assist with that, I ran into this wonderful Motivational Speaker Rodney Allgood. He talks about loss and allowed me to share this with you.

## Letting People Go



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