

Newsletter – August 2006

Since we as a people have gotten used to color coding a multitude of things, objects events and or occurrences these past five years one could agree that Mr. Yuck Stickers are utterly outdated. No one has to explain to us what it is we are looking at when the weather map displays an array of multi charted red zones. You got it - Heat Wave. We seek desperately to blame someone for our temporary dilemma mainly the opposite which is a deep freeze while hoping for the opposite to like magic appear on command. This of course does not happen in an instant and our anxiety multiplies as a result of our impatience. Nothing seems to go our way these days. Everyone is heading for the department store in order to purchase that one more fan. Surprise, surprise. We did not know it would get hot. I did not order this. No one told me. Ask a three year old how he or she feels if they are capable of arranging their words properly they may tell you they are so stressed. But stress as defined in part by Webster is "burdened, pressure, tension, urgency, accent, emphasis, significance and wait." In 1994 my very first article ever published appeared in a little local paper. It is entitled "Feeling Earthquaky". When I opened the paper it read "Feeling Earthquacky" I was upset. A typo you suppose? In hindsight you decide. Here you are, feeling earthquacky.

In the early 1980's I was sick a lot. Going to the doctor three to four times a week was normal. Only one problem.....my symptoms did not go with my illness. As a last resort I was sent to Seattle to what was then called the New Life Foundation. When I arrived I was interviewed by an MD, a Psychiatrist, a gentleman from Seismology from the Univ of Washington, a Minister and a Psychic. Wow! I thought at the time. I think I am really nuts. As it turned out it was determined that I was one of many people that was physically affected by earth movements.

After four months of close monitoring I was enrolled in a program which had been set up and government funded. We were given a chart to fill out on a daily basis and given a phone number to call whenever we felt ill. On the chart it listed symptoms such as palpating heart, aches in joints, loss of libido, loss of equilibrium/balance, hot flashes, and "male and female) headaches, kidney pain, depression, aggression, and a list of our own. We had to rate these daily forms from one to ten with five being normal. If we had an 8 or 9 and more than 3 symptoms we would call a phone number we had been given to get information on what was going on in the world. Like earthquakes, volcanoes, High tides, and or eclipses. As time went on I realized I wasn't nuts at all. I learned before the government discontinued the program that what was happening to me and so many others really had a logical explanation. Any kind of earth movement sent low pitched frequencies into the atmosphere. We in turn picked it up with our inner ear and it translates into pain, mood changes, vertigo/balance, etc. I knew a lady which was a shoe salesperson for a while. She eventually had to change jobs because she could not climb a ladder anymore as these things occurred more and more often. Volcanoes emit gasses which contain sulfur. In some people who are sensitive that results in itching and extreme nervousness. Now, as you know, the earth moves on a regular basis. I am sure a lot of you have been frustrated to say the least with your physical health. Please continue to go to the doctor but at the same time you may ask some of your friends how they are feeling. There are several doctors in the Olympia area who are aware of these facts (Thank God they have been treating me for 16 years) and even though we no longer have the network like the one in the 1980's, there are some of us who are willing to share experiences and symptoms with you. If anyone is interested in forming a support group please let me know. One never gets used to this roller coaster (viruses) as the doctors call them for lack of a better word. And yes, they will go away for a little while once a quake occurs and then they start up again. There is a page on the internet that lists all earthquake activities and maybe you would like to monitor that.

<http://earthquake.usgs.gov/eqcenter/index.php> - Link for recent earthquakes around the world.

<http://www.n3kl.org/sun/noaa.html> - Link for current solar activity.

Just knowing what is wrong with you will help and set your mind at ease. And if you feel really crazy at 2 AM or ???, feel free to call me at 360-923-9594. We are in the middle or beginning, depending on how you look at it, of these earth changes. As the animals are so affected by these frequency changes we too will have to learn how to adjust and go with the flow. AHO. Please note this project was fully operational in 1980 at which time I entered the program. Global warming and natural discrepancies were acknowledged by the government even then.

Since the early indications of being earthquacky a new diagnosis has entered the equation. Fibromyalgia.

Fast Forward for a bit. Because of the accuracy of the prediction given over the past 8 years, I was recently asked to please take a look at the future. Last month, which was July, I mentioned that we were all in a holding pattern. To oblige the friends that were pressing me to take a look ahead I agreed. I did not promising an accurate outcome because of the holding pattern I found myself in at the time. When I was finished I decided not to list the predictions. Doing so would only have meant to have added to the stress of the readers. However, some of us discussed it among ourselves and we all agreed to keep this to ourselves. If the suspense adds to your anxiety or stress level I would like to let you know the predictions turned into a mere "things to do" list and were ready for check off. Within two days the missiles were flying.

These are those predictions:

Birds trying to reach other lands. Maybe just flying around. Final destination comes from and through water.

Birds in the past have turned out be be airplanes. It is possible we want to flex muscles. The actual attack strike will come from the water. Unclear if this refers to US or the opponent. In the past American full fledged wars have been started over naval issues, Pearl Harbor etc. I would also appear that the land eventually drawn into war will be bordered and reachable by water from at least one side.

POWER TRIP.... Since triumph has to be achieved solo it might even reach its aim momentarily. It is very unpleasant. Second horse in the bible, which is red. It takes peace from people and encourages man to kill each other.

Red in this case could reference East Eastern/Europien countries, possibly because of the present alliance between Iran, China and Russia. It is rare for this reader to make reference to the bible, I therefore assume this prophecy to be most descriptive. I would indicate a global drama unfolding. Not sure who sets it in motion and irrelevant in the final outcome. This would coincide with Mars energy which is in force at the moment. I feel that the administration and the forces which rules said entity is at the point where it is mostly trying to cover its track by any means necessary. Not necessarily caring about the outcome. More like damage control at all cost. Somewhat sidetracked from the purpose of the big picture, rather cover your own derriere and take as many as possible with you. The decision makers are contemplating their own mortality and seem to be unable to care about the next generation and/or administration.

4 more years of tribulation. Possible draught in areas which at this time have water. We need to take an advantage of bonanzas. We need to think about the refusal of collaborating with others. The fault lays in disregarding opportunities.

This, I think, refers to weather patterns, especially in the bread basket of the country. I feel we are a bit too relaxed at the moment and miss opportunities to set things straight and repair damage already done. GE food will harm many, correction, ALL. Since some of the most influential political attitudes originate from some of the Mid West, little cooperation will be forthcoming to adjust to a new ways at looking at the problem on the horizon.

Court rulings based on erratically religious ideas will continue. Bad energy, bad thought, wickedness on all levels.

I feel this will result in even more news back-outs and/or outright persecution of reporters, whistle blowers and people like Ami Goodman and people like her. It will be harder to inform as time passes.

Stupidity on the part of the rulers. In part due to self-mutilation resulting in disgust from bystanders and onlookers.

America will, for a time, follow this self destructive behavior and lose much credibility, even more so than it already has.

Trapped financially for 9 moons, reaping what we sowed. Great imbalance of mind and emotions.

This I perceive is manipulated financial statements, untruth in reference to the economy and large losses in properties weather on paper of in fact.

Trying to justify ourselves by siting past deeds, this will fail. Because things have been untrue, unreliable and on a downslide, very little can be presented as a for instance in order to give positive feedback. Very dangerous times in reference to "things from the sky" Sequels, repeats and relapses. Hospital stays and illnesses caused by things in the sky.

Not sure if this refers to heavenly bodies or planes, missiles and such. Large scale illnesses from fallout of chemicals and made devastating illness possibly connected to chemtrails or accidents in space.

I stick with the original predictions we made for 2006. It will be trying to say the least. Bird flu will not occur at this time. By December we will start to feel our financial dilemma. It would be advisable to adjust/downsize at this time and count our blessings. As a people we have to find ways to buffer the blow of things to come, in part because it has been a long time since America had to adjust and make internal sacrifices. Our "problems " have always been abroad and had little or no effect on the main stream population, I believe the next wave of troubles will change this somewhat. I am not able to give a long term projection at this time. We have much on our plate and another second or so to buffer the effects of the future. Time has just about run out for compensating. 4 years is a long time, yet, no time in the time curriculum.

The check-off list is almost completed at a speed which surprises even me. There are times when I think of Nostradamus and the dilemma he must have found himself in. The things he looked at not ever knowing what it was he was looking at. Here we are seeing predictions unfold instantly. What saddens me is that organizations capitalize on such events in order to either capitalize or control. It is extremely easy to send people into fear when in fact the answer is so simple. Exercise love for self and one another. Respect and most importantly protect the planet for future generations to come. Feces floats and chemicals travel with the jet stream. What happens in one part of the world affects the rest of the world.

Imagine if you will, someone announces an inspection of your house. Open the door with a smile and at least pretend you are happy to see the inspector.

She looks into your most private corners. You smile.

She checks the smoke detector by beating them with a clip board, breaking one of them. You smile.

She decides the skirting on your house does not meet her personal criteria. It did the county inspector a few years earlier. It is not on her check off list. You smile.

She demands an unnecessary grill on the bottom of your newly acquired refrigerator. She is unable to explain why it is mandatory for the safety of your dwelling. You smile.

She violently jerks the knob on your shower head and breaks it. You smile.

You smile when you explain to the neighbor that a normal response to an abnormal situation forces you to remove some of his building supplies in order to satisfy the unreasonable demands of the inspector. So you become a looter.

You smile when you discover the repairs of th shower head require one to open up the wall in order to repair the pipe the main component of the knob was attached to.

You smile when you realize how well you did not to upset this quacky creature. And get yourself in trouble by retaliating against the agency she represents.

Many problems are self inflicted. Whether it be a dictating society or, heaven forbid, ourselves. We can make

the appropriate changes, lighten the burden, accent the joy of existence, ease the compulsion of the strain, and pressure in order to adjust the significance of the weight we sometimes carry. What am I saying????????? Now this would be stress, stress, stress, stress, stress, stress, stress. As each day holds new stresses for us, it would be helpful to take a look at the end of each day in order to establish if our stress is environmental, political, personal, or just some bullcrap created for us. In order to confuse us in case we are trying to determine what is worse. A DEEP FREEZE OR A HEAT WAVE.

Love and Light

Lilian